



On December 15th a large group of patients gathered for their **Inspire! Christmas Party** and what a party it was! The day kicked off with a welcome from **Prancer & Dasher the**



reindeers followed by **7 beautiful dogs from Canine Concern** who were only too happy to offer Christmas cuddles to all! We were delighted to welcome back **Marion Leeper, sensory storyteller** who was busy all afternoon telling some incredible wintry tales. There was also a **photobooth** set up



which captured some fun and festive shots to remember! There was a chance to decorate some **homemade gingerbread**, enjoy a hot chocolate which could be designed at the **hot chocolate bar** or take some time out to unwind in the **complementary therapy room**. There were some great races taking place on the **scalextric track**, lots of chilled out



time to be had in the **sensory room** and also the opportunity to make **Christmas cards, decorate bags or make jewellery holders** at the art and craft table. We were so pleased to welcome back representatives from the **Chelmsford Male Voice Choir** to come along and sing our finale of traditional Christmas songs and carols whilst we dished out **mulled wine and mince pies!** It really



was a brilliant end to a fun year of Inspires! **We would like to thank all of our dedicated volunteers and contributors this year and wish everyone a very merry Christmas and a happy New Year!**

