



**G'Day mates!** On 21st July we took a trip Down Under to visit **Australia!** The day began with a visit from a **wallaby** called Maybee and a baby **Alpaca** called Sandy! Maybee hopped around our venue

stopping off for strokes on her way whilst Sandy enjoyed lots of cuddles from everyone. Meanwhile our Baker Hall was packed with so many different reptiles and creatures brought along by **Linda's Party Pets**. Linda offered a very informative talk about the animals included where they originate from and what they eat and everyone had the chance to hold the animals if they were feeling brave enough! Dan Sceats from Essex County Council held a **didgeridoo workshop** throughout the afternoon, offering patients & volunteers the opportunity to play it themselves but also listen to how it should sound! As well as this there was an **Australian Quiz** to try, the chance to try some **traditional homemade Anzac biscuits**, receive a **therapeutic massage** or decorate a **boomerang** at



the art table! For those who fancied it there were some sensory **'Bushtucker Trials'** including smelling pots and collecting stars from bowls of 'worms'!

**Thank you to all of our supporters, contributors and of course all of our wonderful volunteers!**