

Sensory and Music Story: Round the World – Paris!

This ‘Sensory and Music Story’ has been designed to be used either by a parent / carer and child at home, or as part of a Music Therapy session, led by a Music Therapist via Zoom.

Hints and tips:

- Gather all the props before you start. If you do not have everything exactly, don't worry – any improvisations are fine!
- Familiarise yourself with the story and what happens where. Think how you will use the props and songs to make the most impact and sense to the child you are working with.
- It is natural to feel self-conscious about singing, but there are no ‘X Factor’ style judgements being made about your voice! If you can sing with more confidence and volume then that will make more of an impact – it does not matter if you are out of tune (or think you are!).
- If you have other small instruments at home, you may want to use these with the child you are working with during the songs.
- Read the story slowly, repeating the part of the story that has just been read when feeling the relevant props. If the child is responsive to a certain part – or you know from previous experience that they will enjoy something – then stay longer with that prop or song.

Props:

Fan

Coffee (made or otherwise!)

Paper to fold up into an accordion (or an accordion if you happen to have one!)

Hat or general bling – for a fashion show

Paper / paint / material / collage bits

Bells / chimes – and any instruments to play along with the songs.

The Story:

It was a lovely sunny day – where in the world shall we visit?! Let's go to Paris! How should we get there? We could go on the ferry, or in the van through the tunnel, or on the train on the Eurostar, or fly there on a plane... what shall we choose?

Sing: We're all going to Paris Today

Which way did you choose?

Bonjour Paris!! We are here at last! I was excited because the main thing I know about Paris is that there is a Disneyland... but apparently there were some things to do in Paris itself first!

We could hear everyone speaking in French – but we remembered that we could sing a French song too!

Sing: Freres Jaques

We could see the Eiffel Tower from a long way off – it was so tall!! We went in the lifts all the way to the top – it was really windy up there but we could see for miles over all of Paris.

Feel: Wind from a fan

When we came back down again (phew!) we went on a boat trip on the River Seine. The boats were called the Bateaux Mouche. We floated past lots of the sights on the river, like Notre Dame and the Louvre – and all the time we could see the Eiffel Tower – I couldn't believe we'd been up there!

Sing: Row Row Row

We got off the boat and wandered up some of the side streets. Everywhere there were people sitting outside at tables drinking coffee, and listening to music.

Smell: Some coffee!

Feel and listen: Fold up the paper and pull in and out like an accordion, listening to the accordion music for example [French Cafe - Accordion Romantic French Music, Jazz & Bossa Nova - YouTube](#)

As we went up towards the Louvre we heard some very different music! It was Paris Fashion Week, and we were asked to be part of one of the shows! We all got to wear fancy hats, and go down the runway while everyone clapped and took photos!

Feel: Wear a fancy hat or general 'bling' – and be clapped! Strike a pose - [Madonna - Vogue \(Official Video\) \(youtube.com\)](#)

We went into the Louvre art gallery to see their most famous painting – the Mona Lisa by Leonardo da Vinci. Basically it was just a picture of a lady smiling – I don't quite know what all the fuss is about...

Feel: Smile like the Mona Lisa!

We then went into one of the other art galleries nearby to see some paintings by a famous French artist called Monet. He painted big pictures in pastel colours that were very fuzzy, called Impressionist. We all had a go at creating some art too, listening to some music by people who were around at the same time as Monet – it was very relaxing!

Create: Make some art! It might be just moving some pastel coloured material or tissue paper, or it could involve paint – whatever you are up for! You might want to finish this after the story! Google Monet's Waterlily's for inspiration.

Listen: Listen to some relaxing French music while creating – composers like Debussy, Ravel or Satie [Claude Monet - 1hr Art with Relaxing music \(4K HD\) for calming \(youtube.com\)](#)

Well, after all those museums and art, there was only one thing for it – we definitely needed to get to Disneyland Paris! We got there just in time for the

evening parade, with all the lights, and the stars coming out above us! [\[4K\] NEW Disney Electrical Sky Parade - Drone Show Disneyland Paris 2024 \(youtube.com\)](#)

Sing: When You wish upon a Star / Twinkle Twinkle

Thank you for a lovely first day in Paris – I'm looking forward to the rest of the week!

Song Words

We're all going to Paris Today

We're all going to Paris today,
Paris today, Paris today
We're all going to Paris today,
We're going to stay all week!

We could go on the train
We could fly on a plane
We could go under the sea
Or over on the ferry, you and me!

Freres Jaques

Frère Jacques
Frère Jacques
Dormez-vous?
Dormez-vous?
Sonnez les matines
Sonnez les matines
Ding, dang, dong
Ding, dang, dong

Row Row Row – Paris version!

Row row row your boat
Gently down the Seine
We can see all of Paris
Life is but a dream!

When You Wish Upon a Star

When you wish upon a star
Makes no difference who you are
Anything your heart desires will come to you

If your heart is in your dream
No request is too extreme
When you wish upon a star
As dreamers do

Fate is kind
She brings to those who love
The sweet fulfillment of their secret longing

Like a bolt out of the blue
Fate steps in and sees you through
When you wish upon a star
Your dreams come true

Twinkle Twinkle

Twinkle, twinkle, little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle, twinkle, little star
How I wonder what you are

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