# Saturday Socials and Cosy Sundays at Little Havens - Q&A's for Families

## What are the Saturday Socials?

An opportunity for families (including siblings) to visit Little Havens on selected Saturdays to use the building and facilities. They are open to any child who has been accepted to receive care and support by Little Havens – it doesn't matter if you have not yet had a stay.

# What are Cosy Sundays?

On alternating Sundays, two families are welcome to join us at Little Havens for one of our infamous roast dinners. It will be a quieter environment than the Saturday Socials, and there will be no host. They are open to any child who has been accepted to receive care and support by Little Havens – it doesn't matter if you have not yet had a stay.

### What does 'family' include?

We define this as the people who live in your household. However, if someone else can care for all your child's needs (clinical, medical and personal) you may wish to nominate for them to bring your child instead or accompany you during your visit.

## Who will be looking after the children?

The families will be responsible for the care of all their children (including siblings), but we may have volunteers available to help.

The Care Team members will be looking after the resident children, but on Saturday Socials there will be a Host (a member of the Care Team) on hand to answer any questions.

### What is the format of the day?

Saturday Socials will run from 10am-4pm. You can turn up whenever you like, but last admission will be at 3pm and we ask that families leave by 4pm.

You can use the hospice and grounds in any way that suit your family. You may wish to chill out in the gardens, watch TV or do crafts as a family. There will be some organised activities, but there is no obligation to join in with these.

For Cosy Sundays, you are welcome to join us from 10am as the roast dinner will be served at 12.30pm and we ask that families leave by 4pm.

### Where are the families allowed within the hospice?

You are welcome to use the entire hospice, except for any resident children bedrooms, The Woodland Suite and family accommodation upstairs. We will allocate bedrooms for changing.

## Can I use the swimming pool/multi-sensory room?

During Saturday Socials, just check with the Host when these are free. On Cosy Sundays, please ask the Shift Leader.

For the swimming pool, there must be two adults present – one in the water with the child, and one dry side. If you are unable to do this, please speak to the Saturday Social Host/Shift Leader who will try to arrange for someone to accompany you, but this can't be guaranteed.

#### Will there be any other services available?

On Saturday Socials only. We may be able to offer complementary therapy, but this **must** be requested in advance when you book through the website.

There will also be a member of the Family Support Team available to talk through any issues or concerns you may have.

### Will lunch be provided?

On Saturday Socials, we will be offering families the option of a 'buffet picnic' style lunch each Saturday.

The lunch will be provided free of charge for the child and immediate members of their family. You are also welcome to bring your own food.

For Cosy Sundays, we will provide a roast dinner and dessert, as well as the usual refreshments.

# Will parking be available?

Yes. If the family parking directly outside the hospice is full, you can pull up under the canopy to unload your vehicle, then head to the main car park.

### How can I book?

You can visit <u>www.havenshospices.org.uk/littlehavenssocial</u> and choose your preferred date.

There are limited spaces on each Saturday and Sunday. You will receive a confirmation from us if you have been booked on. If your preferred date is full, we will offer an alternative. You can book one visit per month, to allow other families to access these social opportunities.

### Any other questions?

Please call the care team on 01702 552200 or email lhbookings@havenshospices.org.uk